

## Mask Care and Reuse Guide

Refer to this handy guide for care of your N95 masks



#### **Mask Rotation**

Rotate and use a different N95 mask every day so you do not wear the same mask more than once every 5 days. A study showed that viruses were not viable on surfaces similar to masks beyond 4 days.

Note: If following this rotation, N95 masks may be reused as long as they do not become wet, visibly soiled or deformed, causing them to not fit well anymore. If any of these occur, the N95 should be disposed of.



#### **Mask Storage**

When not in use, each N95 mask should be placed in a clean paper bag that is folded closed and stored at room temperature. Do not place the N95 mask in a plastic bag, as that would create a moist environment conducive to the growth of bacteria and fungi.



#### **Wear Your N95 Mask Correctly**

- Wash or sanitize your hands before putting on your mask.
- Place it over your mouth and nose and secure the straps on the back of your head.
- Squeeze the nose bridge firmly onto your nose, ensuring that the rest of the mask fits snuggly on your face.
- If you wear glasses and they fog up, this means you do not have a good seal and should try readjusting the fit of your mask.



#### Take Off Your Mask Carefully, When You're Home

- Handle only by the straps.
- Fold outside corners together.
- Be careful not to touch your eyes, nose or mouth when removing, and wash hands immediately after removing.

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# Cloth Mask Care and Reuse Guide

Help keep your campus community safer

#### **How to Store and Wash Cloth Masks**

Store your cloth mask properly and wash it regularly to keep it clean. Consider having more than one mask on hand so that you can easily replace a dirty mask with a clean one. Make sure to remove your mask correctly and wash your hands after touching a used mask.

#### **Store Your Mask**



#### Store wet or dirty cloth masks in a plastic bag.

If your cloth mask is wet or dirty from sweat, saliva, makeup or other liquids or substances, keep it in a sealed plastic bag until you can wash it. Discard disposable masks if they become wet or dirty. Wash wet or dirty cloth masks as soon as possible to prevent them from becoming moldy. Wet masks can be hard to breathe through and are less effective than dry masks.



#### Store cloth masks that are not wet or dirty in a paper bag.

You can store your mask temporarily to reuse later. Remove your mask correctly and wash your hands after touching a used mask. Keep it in a dry, breathable bag (like a paper or mesh fabric bag) to keep it clean between uses. When reusing your mask, keep the same side facing out.

If you are taking off your mask to eat or drink outside of your home, you can place it somewhere safe to keep it clean, such as your pocket, purse or paper bag. Make sure to wash or sanitize your hands after removing your mask. After eating, put the mask back on with the same side facing out. Be sure to wash or sanitize your hands again after putting your mask back on.

#### **Wash Your Mask**



Wash your cloth mask whenever it gets dirty or at least daily. If you have a disposable face mask, throw it away after wearing it once.

### Using a washing machine

- Include your mask with your regular laundry.
- Use regular laundry detergent and the appropriate settings according to the fabric label.

#### By hand

- Wash your mask with tap water and laundry detergent or soap.
- Rinse thoroughly with clean water to remove detergent or soap.









**UNAPPROVED FACE COVERING:** Masks with exhalation valves or vents allow air to be expelled. The CDC does not recommend these types of masks because they do not prevent the person wearing the mask from transmitting COVID-19 to others. In addition, neck gaiters and bandanas should not be worn unless no other face covering listed above is available to you.

