In an effort to more efficiently connect UF and UF Health faculty and staff and their families to mental health services, UFHR, in partnership with the UF departments of Psychiatry and Clinical and Health Psychology, is introducing a new Mental Health Services Access Line devoted exclusively to university employees and their dependents. Faculty, staff and their dependents may call (352) 627-0032 between 8 a.m. and 5 p.m., Monday through Friday, to receive assistance identifying and securing access to the mental health services best suited to their needs.

The new helpline is designed to increase access to mental health care and to supplement existing resources like the Employee Assistance Program (EAP) rather than replace them, providing a single point of entry and ensuring employees get the help they need in a timely manner. Anyone experiencing a crisis with more urgent needs should call the Alachua County Crisis Center at (352) 264-6789.